



March 2018 | Memory Care



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				1 Reading Group 10:00 -11:00 a.m. Gentle Fitness 11:30 -12:00 p.m. Walking Group 3:00 - 3:30 p.m.	2 Singing Group 10:30 -11:30 a.m. Happy Hour 3:30 - 4:30 p.m.	3 Crosswords 10:30 -11:30 a.m. Trivia 4:00 - 4:45 p.m. 
4 Morning News 10:30 - 11:00 a.m. Word Game 11:00 - 12:00 p.m. Bingo 2:30 – 3:30 p.m. 	5 Seated Soccer 11:00 - 11:30 a.m. Music Therapy 2:00 - 3:00 p.m. Social Hour 3:00 - 4:00 p.m.	6 Gentle Fitness 10:30 - 11:00 a.m. Reminiscing Game 11:15 - 11:45 a.m. Walking Group 3:00 - 3:30 p.m. 	7 Worship Service 10:30 - 11:00 a.m. Nail Painting 11:00 - 12:00 p.m. Arts/Crafts 3:00 - 4:00 p.m. 	8 Reading Group 10:00 -11:00 a.m. Gentle Fitness 11:00 - 11:30 a.m. Walking Group 3:00 - 3:30 p.m. 	9 Music therapy 9:30 - 10:15 a.m. Friendly Visiting 10:30 - 12:00 p.m. Happy Hour 3:00 - 4:00 p.m. 	10 Nail Painting 10:30 - 11:45 p.m. Coffee & Chat 4:00 - 4:45 p.m. 
11 Morning News 10:30 - 11:00 a.m. Word Game 11:00 - 12:00 p.m. Bingo 2:30 – 3:30 p.m.	12 Seated Soccer 11:00 - 11:30 a.m. Walking Group 1:00 - 1:30 p.m. Music Therapy 2:00 - 3:00 p.m. Social Hour 3:00 - 4:00 p.m. 	13 Gentle Fitness (with Nancy) 10:30 - 11:00 a.m. Trivia (with Becca) 2:00 - 3:00 p.m. 	14 Word Game (with Becca) 4:20 - 5:00 p.m. 	15 Gentle Fitness (with Dominic) 10:30 - 11:00 a.m. Crosswords (with Becca) 2:00 - 3:00 p.m. 	16 Music Therapy 9:30 - 10:15 a.m. Friendly Visiting 10:30 - 12:00 p.m. Walking Group 1:30 - 2:00 p.m. Happy Hour 3:00 - 4:00 p.m. 	17 Crosswords 10:30 -11:30 a.m. Trivia 4:00 - 4:45 p.m. 
18 Morning News 10:30 - 11:00 a.m. Word Game 11:00 - 12:00 p.m. Bingo 2:30 – 3:30 p.m. 	19 Seated Soccer 11:00 - 11:30 a.m. Walking Group 1:00 - 1:30 p.m. Music Therapy 2:00 - 3:00 p.m. Social Hour 3:00 - 4:00 p.m.	20 Gentle Fitness (with Nancy) 10:30 - 11:00 a.m. 	21 Worship Service 10:30 - 11:00 a.m. Word Game (with Becca) 4:20 - 5:00 p.m.	22 Gentle Fitness (with Dominic) 10:30 - 11:00 a.m. Crosswords (with Becca) 2:00 - 3:00 p.m. 	23 Music Therapy 9:30 - 10:15 a.m. Friendly Visiting 10:30 - 12:00 p.m. Walking Group 1:30 - 2:00 p.m. Happy Hour 3:00 - 4:00 p.m. 	24 Nail Painting 10:30 - 11:45 p.m. Coffee & Chat 4:00 - 4:45 p.m. 
25 Morning News 10:30 - 11:00 a.m. Word Game 11:00 - 12:00 p.m. Bingo 2:30 – 3:30 p.m.	26 Seated Soccer 11:00 - 11:30 a.m. Music Therapy 2:00 - 3:00 p.m. Social Hour 3:00 - 4:00 p.m. 	27 Gentle Fitness 10:30 - 11:00 a.m. Reminiscing Game 11:15 - 11:45 a.m. Walking Group 3:00 - 3:30 p.m. 	28 Worship Service 10:30 - 11:00 a.m. Nail Painting 11:00 – 12:00 p.m. Arts/ Crafts 3:00 – 4:00 p.m. 	29 Reading Group 10:00 - 11:00 a.m. Gentle Fitness 11:00 - 11:30 a.m. Hymn Sing 11:30 - 12:00 p.m. March Birthdays 2:30 - 3:30 p.m.	30 Good Friday Good Friday Service (Chapel) 7:00 p.m.	31 Crosswords 10:30 -11:30 a.m. Trivia 4:00 - 4:45 p.m. 