

Luther Village on the Park's Sunshine Dining Room Sample Menus

Sample Menu 1

Breakfast

Juice

Oatmeal/Cream of Wheat

Assorted Cold Cereal

Fresh Fruit/Yogurt

Assorted Muffins

Toast/Jam/Jellies

Bacon/Fried Eggs

Lunch

Homemade Soup of the Day or Salad

Grilled Chicken on a Greek Salad

or

Broccoli and Cheese Casserole

Served with Dinner Roll

White Chocolate Mousse or

Sliced Cantaloupe

Dinner

Roasted Red Pepper Soup

Lemon Oregano Swordfish Fillets

or

Glazed Citrus Chicken Thighs

Both served with Lime Cilantro Rice

And choice of

Green Bean Almondine

or

Mixed vegetable (Carrots, Leeks, Cauliflower)

Strawberry Mousse or Bing Cherries

Sample Menu 2

Breakfast

Juice

Oatmeal/Cream of Wheat

Assorted Cold Cereal

Fresh Fruit, Yogurt

Assorted Muffins

Toast/Jam/Jellies

Fried Eggs

Lunch

Homemade Soup of the Day or Salad

Cheddar and Cottage Cheese Fruit Plate with Scone

or

Ham Salad Sandwich

with Mixed Pickles

Strawberry Cream Cake

or Peaches

Dinner

Roasted Carrot and Fennel soup

Sliced turkey with warm cranberry and orange sauce

or

Coconut crusted white fish

Both served with wild rice with toasted walnuts and choice of Asparagus or mixed vegetable
(Cauliflower, red pepper, green beans)

Peanut butter velvet mousse cake or Grapes

Sunday Brunch

Sunday Brunch is served every 5 weeks

Omelets

Tossed Salad

Pickle Tray

Cheese Tray

Shrimp and Sauce

Poached Salmon

Coleslaw

Potato Salad

Carrot and Raisin Salad

Deviled Eggs

Jellied Salad

Rolls

Bacon/Waffles/Syrup/Sausage

Vegetable

Potato

Chicken/Sauce

Pork loin/Sauce

Assorted Cake/Pie

Fresh Fruit

Diet Deserts

Sample Vegetarian Entrees

Vegetable Pizza Served with Greek Romaine Salad

Grilled Portobello Mushroom and Havarti Cheese with Strawberry Spinach Salad Plate

Pear and Almond Salad with Cranberry Scone