

May Calendar Update

With the recent provincial lockdown restrictions, the following programs will be available virtually:

**Mondays at 10:30am -
Bible Study**

**Tuesdays at 10:00am -
Coffee & Conversation**

**Wednesdays at 3:00pm -
Wellness Workshop on various topics**

**Thursdays from 9:30-12:00pm -
Fitness Classes**

**Fridays at 10:50am -
Singing Group**

**Fridays at 2:30pm -
Word Games**

**All virtual programs require registration.
Please contact Lindsay at
ldriver@luthervillage.org or ext. 2031 to
sign up.**

May Handout Options

- > **Word Games Packages**
- > **Adult Colouring Pages**
- > **Sudoku**
- > **Origami Flower Kits**
- > **Waterloo Park Scavenger Hunt Package**
- > **Fitness Handouts**
- > **Waterloo Public Library Virtual Programs**
- > **Short stories**
- > **Guided Mindfulness & Meditation**
- > **Virtual Concerts**

**If you are interested in these handouts,
please contact Lindsay at
ldriver@luthervillage.org or ext. 2031**