

# Activity Calendar May 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1.</b> 10:30 Brain Games  11:15 Friendly Visits with Biljana
<b>2.</b> 10:30 Reminiscing Group  11:15 Walking Group	<b>3.</b> 10:00 Music and Movement Class with Yvonne 2:00 Outdoor Walks 3:15 One to One Music Therapy with Rosie	<b>4.</b> 10:00 Brain Games 11:00 Walking Group	<b>5.</b> 10:00 Worship Service with Rick 11:00 Music and Manicures 2:30 Ring Toss 3:15 One to One Music Therapy with Jules	<b>6.</b> 10:15 Gentle Fitness Class 11:00 Trivia 2:30 Bingo 3:30 Word Puzzles and Music	<b>7.</b> 10:00 Music Therapy with Brian 11:00 Family Zoom Calls 12:15 Janet on the Piano 2:30 Mother's Day Tea 3:15 Old Time Sing-Along	<b>8.</b> 10:00 Hymn Sing with Carolyn In the Lounge
<b>9. <u>Mother's Day</u></b> "All that I am, or ever hope to be, I owe to my angel mother."  - Abraham Lincoln	<b>10.</b> 10:15 Gentle Fitness Class 11:00 Crokinole 2:00 Outdoor Walks 3:15 One to One Music Therapy with Rosie	<b>11.</b> 10:00 Brain Games 11:00 Walking Group	<b>12.</b> 10:00 Worship Service with Rick 11:00 Music and Manicures 2:30 Balloon Toss 3:15 One to One Music Therapy with Jules	<b>13.</b> 10:15 Gentle Fitness Class 11:00 Old Time Sing-Along 2:30 Janet to Perform on the Piano 3:30 Helping Hands	<b>14.</b> 10:00 Music Therapy with Brian 11:00 Family Zoom Calls 1:30 Friday Flick: Canyons of Utah and Arizona in the Fall 2:30 Coffee and Laughs Social	<b>15.</b> 10:30 Brain Games  11:15 Friendly Visits with Biljana
<b>16.</b> 10:30 Coffee and Chat  11:15 Walking Group	<b>17.</b> 10:00 Hymn Sing with Carolyn 11:00 Balloon Toss 2:00 Outdoor Walks 3:15 One to One Music Therapy with Rosie	<b>18.</b> 10:00 Brain Games 11:00 Walking Group 2:30 Reminiscing Group 3:30 Creative Colouring	<b>19.</b> 10:00 Worship Service with Rick 11:00 Music and Manicures 2:30 Ring Toss 3:15 One to One Music Therapy with Jules	<b>20.</b> 10:15 Gentle Fitness Class 11:00 Trivia 2:30 Janet to Perform on the Piano 3:30 Word Puzzles and Music	<b>21.</b> 10:00 Music Therapy with Brian 11:00 Family Zoom Calls 2:30 May Birthday Social 3:15 Old Time Sing-Along	<b>22.</b> Why did the teddy bear say no to dessert?  - Because he was stuffed
<b>23.</b>  <b>30.</b> 10:30 Reminiscing Group 11:15 Walking Group	<b>24. <u>Victoria Day</u></b>  <b>31.</b> 10:15 Gentle Fitness Class 11:00 Crokinole	<b>25.</b> 10:00 Brain Games 11:00 Walking Group 2:30 Making Birdfeeders	<b>26.</b> 10:00 Worship Service with Rick 11:00 Music and Manicures 2:30 Balloon Toss 3:15 One to One Music Therapy with Jules	<b>27.</b> 10:15 Gentle Fitness Class 11:00 Old Time Sing-Along 2:30 Bingo 3:30 Helping Hands	<b>28.</b> 10:00 Music Therapy with Brian 11:00 Family Zoom Calls	<b>29.</b> 10:30 Balloon Toss  11:15 Friendly Visits with Biljana