



# Activities Calendar August 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1.</b></p>	<p><b>2. Civic Holiday</b></p> 	<p><b>3.</b></p> <p>10:00 Super Quiz 11:00 Walking Group 1:30 Music Therapy with Rosie <b>2:30 Gentle Fitness Class</b> 3:30 Music on the Patio</p>	<p><b>4.</b></p> <p>10:00 Hymn Sing with Carolyn 11:00 Music and Manicures 1:30 Music Therapy with Jules <b>2:30 Bingo</b> 3:30 Outdoor Walks</p>	<p><b>5.</b></p> <p>9:15 Visits with Frankie the Dog <b>10:15 Gentle Fitness Class</b> <b>2:30 Reminiscing Group: Summer Vacations</b> 3:30 Music on the Patio</p>	<p><b>6.</b></p> <p>10:00 Outdoor Walks  2:30 Painting Group</p>	<p><b>7.</b></p> <p>10:30 Music and Manicures with Steph  11:15 Walking Group</p>
<p><b>8.</b></p> <p>10:30 Worship Service in the Great Hall with Chaplain Rick  *Please accompany your loved one down to this program*</p>	<p><b>9.</b></p> <p>10:00 Music and Movement Class with Yvonne 11:00 Garden Care on the Patio <b>2:00 Outdoor Walks</b></p>	<p><b>10.</b></p> <p>9:30 Helping Hands: Peeling Apples for Applesauce 11:00 Walking Group <b>2:30 Reminiscing Group and Warm Applesauce</b></p>	<p><b>11.</b></p> <p>10:00 Worship Service with Rick 11:00 Music and Manicures <b>2:30 Bingo</b> 3:30 Outdoor Walks</p>	<p><b>12.</b></p> <p>9:15 Visits with Frankie the Dog <b>10:15 Gentle Fitness Class</b> <b>2:30 Piano Music Performed by Janet</b> 4:00 Walking Group</p>	<p><b>13.</b></p> <p>10:00 Outdoor Walks  2:30 Ice Cream Social for Meghan's Last Day</p>	<p><b>14.</b></p> <p>10:00 Hymn Sing with Carolyn  11:15 Walking Group</p>
<p><b>15.</b></p> <p>10:30 Worship Service in the Great Hall with Chaplain Rick  *Please accompany your loved one down to this program*</p>	<p><b>16.</b></p> <p>10:15 Gentle Fitness Class 11:00 Garden Care on the Patio <b>2:00 Outdoor Walks</b></p>	<p><b>17.</b></p> <p>10:00 Super Quiz 11:00 Walking Group <b>2:30 Helping Hands</b> 3:30 Word Puzzles</p>	<p><b>18.</b></p> <p>10:00 Worship Service with Rick 11:00 Music and Manicures <b>2:30 Bingo</b> 3:30 Outdoor Walks</p>	<p><b>19.</b></p> <p>9:15 Visits with Frankie the Dog <b>10:15 Gentle Fitness Class</b> 2:00 Music on the Patio <b>3:30 Balloon Toss</b></p>	<p><b>20.</b></p> <p>9:45 Music Therapy with Brian in the Lounge  2:30 August Birthday Social</p>	<p><b>21.</b></p> <p>10:30 Brain Games with Steph  11:15 Walking Group</p>
<p><b>22.</b></p> <p>10:30 Worship Service in the Great Hall with Chaplain Rick  *Please accompany your loved one down to this program*</p>	<p><b>23.</b></p> <p>10:00 Outdoor Walks with Lindsie</p>	<p><b>24.</b></p> <p>10:00 Brain Games 11:00 Walking Group  <b>3:45 Manicures with Jackie</b></p>	<p><b>25.</b></p> <p>10:00 Worship Service with Rick  2:00 Garden Care and Music on the Patio</p>	<p><b>26.</b></p> <p>9:30 Visits with Frankie the Dog  2:30 Outdoor Walks with Steph</p>	<p><b>27.</b></p> <p>9:45 Music Therapy with Brian in the Lounge  2:30 Piano Music Performed by Janet</p>	<p><b>28.</b></p> <p>10:30 Creative Colouring Group with Steph  11:15 Walking Group</p>
<p><b>29.</b></p> <p>10:30 Worship Service in the Great Hall with Chaplain Rick  *Please accompany your loved one down to this program*</p>	<p><b>30.</b></p> <p>10:00 Music and Movement Class with Yvonne 11:00 Finishing Lines</p>	<p><b>31.</b></p> <p>2:30 Tim Horton's Coffee and Donuts on the Patio</p>				