



# Activity Calendar November 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Questions or Comments?  <b>Activities Coordinator</b>            Mandy Holmes            519-783-3236 x2113            mholmes@luthervillage.org</p>	<p><b>1.</b>  <b>10:15 Gentle Fitness Class</b>            11:00 Finishing Lines            2:00 Outdoor Walks  <b>3:30 Sing-Along with Isobel</b></p>	<p><b>2.</b>  <b>10:00 Balloon Toss</b>            11:00 Walking Group  <b>2:30 Helping Hands: Folding</b>            3:30 Hymn Sing on the TV</p>	<p><b>3.</b>  <b>10:00 Worship Service With Janet</b>            11:00 Music and Manicures  <b>2:30 Creative Colouring Group</b></p>	<p><b>4.</b>  <b>10:45 Gentle Fitness Class</b>  <b>2:30 Bingo</b>            3:30 Word Puzzles</p>	<p><b>5.</b>            9:45 Walking Group  <b>10:45 Music Therapy with Brian</b>  <b>2:30 Musical Entertainment by Roger Haan in the Great Hall</b></p>	<p><b>6.</b>  <b>10:30 Brain Games</b>            11:15 One to One Room Visits</p>
<p><b>7.</b>  <b>10:00 Worship Service in the Great Hall***</b></p>	<p><b>8.</b>  <b>10:15 Gentle Fitness Class</b>            11:15 Crokinole  <b>2:30 Violin Music by Quentin In the Lounge</b>  <b>3:30 Sing-Along with Isobel</b></p>	<p><b>9.</b>  <b>10:00 Brain Games</b>            11:00 Walking Group  <b>2:30 Painting Group</b></p>	<p><b>10.</b>  <b>10:00 Worship Service With Janet</b>            11:00 Music and Manicures  <b>2:30 Crafting Corner: Poppies: Lest We Forget</b></p>	<p><b>11. Remembrance Day</b>  <b>10:45 Remembrance Day Service on the Lounge TV: Live from Ottawa</b>  <b>2:30 'Heroes and Home Fires' Sing-Along on the TV</b></p>	<p><b>12.</b>  <b>10:00 Music and Movement Class with Yvonne</b>  <b>10:45 Music Therapy with Brian</b>  <b>2:30 Rick Steves Travel Documentary: Iran</b></p>	<p><b>13.</b>  <b>10:00 Hymn Sing with Carolyn</b>            11:15 One to One Room Visits</p>
<p><b>14.</b>  <b>10:00 Worship Service in the Great Hall***</b>  <b>10:15 Manicures and Massage</b>            11:15 Walking Group  <b>2:30 Coffee and Current Events</b></p>	<p><b>15.</b>  <b>10:15 Gentle Fitness Class</b>            11:00 Finishing Lines            2:00 Outdoor Walks  <b>3:30 Sing-Along with Isobel</b></p>	<p><b>16.</b>  <b>10:00 Ring Toss</b>            11:00 Walking Group  <b>2:30 Helping Hands: Sorting</b>            3:30 Hymn Sing on the TV</p>	<p><b>17.</b>  <b>10:00 Worship Service With Janet</b>            11:00 Music and Manicures</p>	<p><b>18.</b>  <b>10:15 Gentle Fitness Class</b>            11:00 Reading Group  <b>2:30 Bingo</b>            3:30 Word Puzzles</p>	<p><b>19.</b>            9:45 Walking Group  <b>10:45 Music Therapy with Brian</b>  <b>2:30 Musical Entertainment with Bill Speer in the Great Hall</b></p>	<p><b>20.</b>  <b>10:30 Balloon Toss</b>            11:15 One to One Room Visits</p>
<p><b>21.</b>  <b>10:00 Worship Service in the Great Hall***</b>  <b>10:15 Manicures and Massage</b>            11:15 Walking Group  <b>2:30 Coffee and Current Events</b></p>	<p><b>22.</b>  <b>10:00 Hymn Sing with Carolyn</b>            11:00 Crokinole            2:00 Outdoor Walks  <b>3:30 Sing-Along with Isobel</b></p>	<p><b>23.</b>  <b>10:00 Brain Games</b>            11:00 Walking Group</p>	<p><b>24.</b>  <b>10:00 Worship Service</b>            11:00 Music and Manicures  <b>2:00 Helping Hands: Peeling and Chopping Fruit for Fruit Cup Snacks</b></p>	<p><b>25.</b>  <b>10:00 Music and Movement Class with Yvonne</b>  <b>2:30 Jean-Michel-Allard Music and Learning in the Great Hall</b></p>	<p><b>26.</b>            9:45 Walking Group  <b>10:45 Music Therapy with Brian</b>  <b>2:30 November Birthday Social: Cake, Coffee, and Laughs</b></p>	<p><b>27.</b></p>
<p><b>28.</b>  <b>10:00 Worship Service in the Great Hall***</b>  <b>10:15 Manicures and Massage</b>            11:15 Walking Group  <b>2:30 Coffee and Current Events</b></p>	<p><b>29.</b>  <b>10:15 Gentle Fitness Class</b>            11:00 Finishing Lines  <b>3:30 Sing-Along with Isobel</b></p>	<p><b>30.</b>  <b>10:00 Brain Games</b>            11:00 Walking Group  <b>2:30 Painting Group</b></p>				<p><b>***Please accompany your loved one down to this program***</b></p>