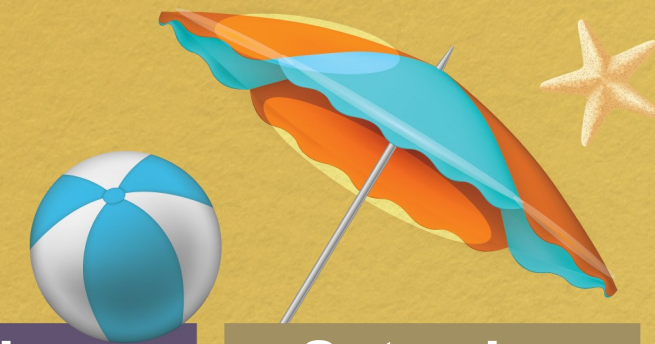






Sunshine Centre June 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Please note this calendar is subject to change due to outbreak status	Please feel free to call Jackie (SC Recreation Coordinator) to give suggestions/feedback - Jackie X 2032	1 10:00 Indoor Walking Group—5th floor 10:00 Parkinson's Peer Support—G 10:30 Paraffin Hand Wax & Relaxation Class—ML 2:30 Jeopardy—ML	2 10:30 Seated Exercises-GH 2:30 Bingo—GH	3 10:30 Group Crossword—GH 11:30 Singing Group—CH 2:30 "Sunny Side of the Street" Swing Band—GH	4 2:30 Indoor Bocce Ball—GH
5 7:00pm Worship Service - Chapel	6 10:00 Old Time Music- ML 2:30 Documentary "Animal" Season 2 Episode 4 "Dolphins" - GH	7 10-3 KMW Clothing Vendor – Gallery 10:30 Seated Exercises-GH 2:30 Hospice Information Session, all welcome—GH	8 10:00 Indoor Walking Group—5th floor 10:00 RC Mass—Chapel 2:30 Tree Memorial Service - GH	9 10:30 Seated Exercises-GH 3:30 Pub Social with entertainment by Al Crawford—GH	10 10:30 Rec Centre Tour (sign up only) 11:30 Singing Group—CH 2:30 The Lyn's Piano Duet Concert—Chapel	11 2:30 Bingo - GH
12 7:00pm Worship Service - Chapel	13 10:00 Old Time Music- ML 3:00 Social Hour: Coffee, Conversation, Cookies & Sing Along	14 10:30 Seated Exercises-GH 2:30 Information session with guest speaker Umi "What is Pride Month?" -GH	15 10:00 Indoor Walking Group—5th floor 10:00 Parkinson's Peer Support—G 10:30 Paraffin Hand Wax & Relaxation Class—ML 2:30 Bingo—GH	16 10:30 Seated Exercises-GH 2:30 Botanical Leaf Print Craft 7:00 Centre Stage Dance Studio Performs—GH	17 11:30 Singing Group—CH 2:30 Father's Day Social with music by Bob Maclean—GH	18 2:30 Indoor Ladder Ball—GH
19 Happy Father's Day 7:00pm Worship Service - Chapel	20 10:00 Old Time Music- ML	21 First Day of Summer Hawaiian Day 10:30 Seated Exercises-GH 3:00 Pina Coladas in the Courtyard	22 10:00 Indoor Walking-5th fl. 10:30 June Discussion Group: - ML 2:30 Country Drive – sign up only	23 10:30 Seated Exercises-GH 11:30 Fireside Voices Choir-CH 3:30 Pub Social with entertainment by Kevin Coates —GH	24 11:30 Singing Group—CH 2:30 Classic Movie: "Father of the Bride" with Steve Martin—GH	25 2:30 Bingo - GH
26 7:00pm Special Worship Service "The Audacity of home, for such a time as this" - Chapel	27 10:00 Old Time Music- ML 3:00 Social Hour: Coffee, Conversation, Cookies & Sing Along with MUG's	28 10:30 Seated Exercises-GH 2:30 Crokinole Documentary- GH	29 10:00 Indoor Walking Group—5th floor 10:00 Parkinson's Peer Support—G 10:30 Paraffin Hand Wax & Relaxation Class—ML 2:30 Bingo—GH	30 10:30 Seated Exercises-GH 2:30 Brain Games, Keep Your Sharp—GH	June is Pride Month  GH—Great Hall ML—Muskoka Lounge CH—Chapel G—Gallery	