

Sunshine Centre October 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Programs on this calendar are available to Sunshine Centre residents only. Please note programs are subject to cancellation as per provincial/leadership guidelines.</p>	<p>Please Note Masks must be worn for the duration of programs and in common spaces</p>	<p>SMART Exercise Please speak to Jackie in the recreation office if you are interested in signing up for SMART exercise classes (x2032)</p>	<p>1 10:30 SMART Exercise Class—GH (Sign up only) 2:30 Movie—GH "Little Women" (2019) <small>see poster</small></p>	<p>2 "Is this not a true autumn day? Just the still melancholy that I love – that makes life and nature harmonize." – George Eliot</p>	<p>3 2:30 Bingo—GH (Prizes provided, no money necessary)</p>
<p>4 3:00 Worship Service—GH</p>	<p>5 2:30 "The Crown" Episode 4 - GH (Chronicles the life of Queen Elizabeth II from the 1940s to modern times)</p>	<p>6 10:30 SMART Exercise Class—GH (Sign up only) 2:30 Coffee Tasting—GH</p>	<p>7 2:30 Jeopardy Trivia—GH</p>	<p>8 10:30 SMART Exercise Class—GH (Sign up only)</p>	<p>9 Ziggy Zaggy Hoi Hoi Hoi 2:30 Travelogue Video to Bavaria—GH Serving your choice of: Coffee & Strudel OR Beer & Pretzel Happy Oktoberfest!</p>	<p>10 "Life starts all over again when it gets crisp in the fall." – F. Scott Fitzgerald</p>
<p>11 3:00 Worship Service—GH</p>	<p>12 Thanksgiving Day </p>	<p>13 10:30 SMART Exercise Class—GH (Sign up only)</p>	<p>14 2:30 Bingo—GH (Prizes provided, no money necessary)</p>	<p>15 10:30 SMART Exercise Class—GH (Sign up only) 2:30 Documentary Film—GH "The Short Game" <small>see poster</small></p>	<p>16 Concert 2:30 Al Crawford Performs - GH</p>	<p>17 2:30 Movie "Their Finest" - GH When the British ministry plans to release propaganda films during a war, Catrin is hired as a scriptwriter. She along with the film's crew makes a film.</p>
<p>18 3:00 Worship Service—GH</p>	<p>19 2:30 "The Crown" Episode 5 - GH</p>	<p>20 10:30 SMART Exercise Class—GH (Sign up only) 2:30 Jeopardy Trivia—GH</p>	<p>21 10:00 Bible Study (3- Part Series) <i>Part 1</i>— GH 2:30 Video Sing Along – GH</p>	<p>22 10:30 SMART Exercise Class—GH (Sign up only) 2:30 Bingo—GH</p>	<p>23 Concert 2:30 Classical Music Demonstration with Michel Allard—GH</p>	<p>24 "I'm so glad I live in a world where there are Octobers." – L.M. Montgomery, <i>Anne of Green Gables</i></p>
<p>25 3:00 Worship Service—GH With special musical guests Marilyn & Muriel (Piano and Soprano)</p>	<p>26 2:30 "The Crown" Episode 6 - GH</p>	<p>27 10:30 SMART Exercise Class—GH (Sign up only) 2:30 Pumpkin Carving—GH</p>	<p>28 10:00 Bible Study (3- Part Series) <i>Part 2</i>— GH</p>	<p>29 10:30 Pumpkin Painting with Christine— GH (No SMART Exercise Class Today) 2:30 Bingo—GH</p>	<p>30 2:30 Halloween Movie "Coraline" - GH Halloween treats will be given out</p>	<p>31 Happy Halloween! 2:30 Halloween "WITCH" Bingo—GH </p>